CONQUER THE STAGE

Post-Assessment: *Seasoned Speakers*

PREAMBLE

"What gets measured gets improved." — Peter Drucker

Welcome back!

We hope that you enjoyed and learnt a lot from our *'Conquer the Stage'* book. The goal of this post assessment is to help you see the change in your attitude, understanding, knowledge, and preparation after reading the book.

A few questions are similar to the Pre-assessment, so you can benchmark your progress directly.

Instructions:

This assessment contains four sections totaling to 100 marks. Read each section description before answering. The last two sections are a guide to understanding the scores.

PART A
SPEAKER'S MIRROR

Think carefully & rate your confidence, preparation, and delivery skills
on a scale of 1–10. (*Score: 1 = not at all, 10 = always/strong).*
You are free to choose any score from 1-10 based on your current level.

Skill area : Influence

1. I consistently inspire action and commitment from my audiences, not
   just applause.

1	2	3	4	5	6	7	8	9	10

NOT AT ALL   ALWAYS / STRONG

Skill area : Storytelling depth

2. I use layered stories (personal, data-driven, or audience-centered) that
   reinforce my message.

1	2	3	4	5	6	7	8	9	10

NOT AT ALL   ALWAYS / STRONG

PART A
SPEAKER'S MIRROR

Skill area : Adaptability

3. I can change tone, content, or approach mid-speech based on audience reactions.

1	2	3	4	5	6	7	8	9	10

NOT AT ALL   ALWAYS / STRONG

Skill area : Executive presence

4. I project credibility, confidence, and authority even with senior or critical audiences.

1	2	3	4	5	6	7	8	9	10

NOT AT ALL   ALWAYS / STRONG

Skill area : Engagement tools

5. I use advanced techniques (rhetorical questions, callbacks, humour, silence, polls) to maintain energy.

1	2	3	4	5	6	7	8	9	10

NOT AT ALL   ALWAYS / STRONG

Scoring key:

Score range 1 - 10. *For eg: If you choose 1, score =1, if you choose 5, score = 5.*

Total score = Sum of scores of all 5 questions. Final score = (Total score ÷ 2)

Min score= 2.5   Max score = 25

PART B
SPEAKER'S COMPASS

Options and scoring:

Always (5), Often (4), Sometimes (3), Rarely (2), Never (1)

6. I research my audience in depth (demographics, expectations, decision-making power) before I craft my message.

Always	Often	Sometimes	Rarely	Never
☐	☐	☐	☐	☐

7. I deliberately design my talks to influence both logic (data) and emotion (stories).

Always	Often	Sometimes	Rarely	Never
☐	☐	☐	☐	☐

8. I rehearse not just content, but stage movement, gestures, and timing.

Always	Often	Sometimes	Rarely	Never
☐	☐	☐	☐	☐

PART B
SPEAKER'S COMPASS

9. I actively seek feedback from experienced speakers, mentors, or senior audiences, not just peers.

Always	Often	Sometimes	Rarely	Never
☐	☐	☐	☐	☐

10. I analyse recordings of my own talks to refine delivery and impact.

Always	Often	Sometimes	Rarely	Never
☐	☐	☐	☐	☐

Scoring key:

Options and scoring:

Always (5), Often (4), Sometimes (3), Rarely (2), Never (1)

For eg: If you choose 'Always', score =5, if you choose 'Sometimes', score = 3.

Min score = 5 Max score = 25

PART C
SPEAKER'S ASSESSMENT

Evaluate your knowledge, and understanding from the book

11. The main value of tracking EPM in virtual talks is to:

a. Count laughs and applause only

b. Measure the number of engagements per minute

c.   Replace rehearsal with live chat prompts

d. Track slide changes per minute

12. In audience engagement, the first foundation a speaker should apply is:

a. Have three jokes ready

b. Research audience demographics and psychographics

c. Display complex slides to signal authority

d. Start with a detailed bio to build credibility

13. When creating a mind map to prepare a speech, the recommended first step is to:

a. List bullet points in a linear outline

b. Place the main idea in the centre, then branch primary components

c.   Draw arrows for cause and effect

d. Write full sentences for each branch

PART C
SPEAKER'S ASSESSMENT

14. According to the book's guidance on stage movement, which approach is most effective?

a. Keep walking continuously to show energy
b. Turn your back when crossing to reduce eye contact pressure
c.   Plan & move purposefully to signal transitions and reinforce key ideas
d. Stand rigidly behind the lectern to avoid distractions

15. An advanced use of pauses is to:

a. Fill gaps while thinking of the next point
b. Mask microphone problems during online talks
c. Make the speech feel longer than it is
d. Signal transitions and give the audience time to reflect on key ideas

Scoring key:

Correct answer = 5 marks × 5 qns

Min score = 0   Max score = 25

Answer key (Section C): 11b, 12b, 13b, 14c, 15d

PART D
SPEAKERS DNA

Choose the best response for five real-world scenarios speakers face.
Best option = 5 points

16. You're moderating a panel. One expert is dominating; another has barely spoken. What should you do?

a. Wait for the talkative panellist to finish naturally and move to next topic
b. Add your own summary to balance the time and then move on
c. Gently interrupt, bridge, & direct a targeted question to the quieter panellist
d. Ask the audience for questions to reset the flow of the discussion

17. During Q&A, a challenging question is asked in a muffled voice and half the room did not hear it. Your best first move is to:

a. Answer immediately to save time
b. Ask them to repeat, then paraphrase it for the room
c. Smile and say "we'll take that offline"
d. Invite another audience member to answer

18. You win an award and are given 60 seconds to speak. What structure delivers the most impact?

a. Start with a joke, end with a personal anecdote
b. Offer broad thanks, then list your key achievements
c. Start with gratitude, then a brief anecdote, & thank the necessary people
d. Read your full prepared remarks to avoid missing anything

PART D
SPEAKERS DNA

19. In Martin Luther King's Speech "I Have a Dream," the repeated use of the phrase "I have a dream…" is an example of:

a. Parallelism

b. Simile

c. Anaphora

d. Antithesis

20. After a lively Q&A, the session time is up. What is the best way to finish?

a. Thank the audience and end abruptly

b. Invite more questions and run over time

c. Skip the close and hand the mic to the organiser

d. Thank them, signal availability for follow-ups, then close with a crisp summary, story, quote etc.

Scoring key:

Correct answer = 5 marks × 5 qns

Min score = 0 Max score = 25

Answer key (Section D): 16c, 17b, 18c, 19c, 20d

PART E
THE SPEAKER'S DASHBOARD

See your overall score and understand where you currently stand as a speaker.

Section	Questions	Scoring Pattern	Score
Sec A: The Speaker's Mirror	1 – 5	Score range 1 - 10. Total score = Sum of scores of all 5 questions. Final score = (Total score ÷ 2) *Min score = 2.5 Max score = 25*	
Sec B: The Speaker's Compass	6 – 10	Options and scoring: Always (5), Often (4), Sometimes (3), Rarely (2), Never (1) *Min score = 5 Max score = 25*	
Sec C: The Speaker's Assessment	11 – 15	Correct answer = 5 marks × 5 qns *Min score = 0 Max score = 25*	
Sec D: The Speaker's DNA	16 – 20	Correct answer = 5 marks × 5 qns *Min score = 0 Max score = 25*	

PART E
THE SPEAKER'S DASHBOARD

See your overall score and understand where you currently stand as a speaker.

Totals and interpretation:

Total score (A + B + C + D): _____ / 100

Percentage: _____ %

Interpretation:

Score Range	Interpretation
85 -100	**Thought leader.** You have mastered advanced habits; focus on innovation and scaling influence.
70 - 84	**Good progress.** Choose one skill to sharpen next and apply it in your next two talks.
50 - 69	**Good foundation,** but refine advanced delivery and persuasion.
Below 50	**Strengthen your basics** again before pursuing mastery stages.

PART F
THE SPEAKER'S NEXT MOVES

Benchmark with your Pre-Assessment

- Compare Section A ratings item by item; note any increase of 1+ point.

- Compare Section B habits; if something moved from 'Sometimes to Often/Always', note what changed.

- From Sections C and D, pick one concept and one scenario to practise in your next talk.

We hope that the assessments and the book have greatly enriched your learning. We wish you all the best in your speaking journey.

Happy Speaking!

Action plan