



CONQUER THE STAGE

Post-Assessment: *Novice Speakers*



KADRI LEADERSHIP ACADEMY

Touching Hearts. Transforming Lives.



PREAMBLE

“What gets measured gets improved.” — Peter Drucker

Welcome back!

We hope that you enjoyed and learnt a lot from our *‘Conquer the Stage’* book. The goal of this post assessment is to help you see the change in your attitude, understanding, knowledge, and preparation after reading the book.

A few questions are similar to the Pre-assessment, so you can benchmark your progress directly.

Instructions:

This assessment contains four sections totaling to 100 marks. Read each section description before answering. The last two sections are a guide to understanding the scores.



PART A

THE SPEAKER'S MIRROR

Think carefully & rate your confidence, preparation, and delivery skills on a scale of 1–10. (*Score: 1 = not at all, 10 = always/strong*).

You are free to choose any score from 1-10 based on your current level.

1. I feel confident speaking whenever I get an opportunity.

1	2	3	4	5	6	7	8	9	10
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NOT AT ALL

ALWAYS / STRONG

2. I prepare my speech based on my audience's interests & background.

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

NOT AT ALL

ALWAYS / STRONG

3. My opening usually grabs attention within the first 30 seconds.

1	2	3	4	5	6	7	8	9	10
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NOT AT ALL

ALWAYS / STRONG

4. I visualise myself speaking before I step on stage.

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

NOT AT ALL

ALWAYS / STRONG



PART A

THE SPEAKER'S MIRROR

5. I use vocal variety (pitch, pace, projection, pause, pronunciation) to keep listeners engaged.

1	2	3	4	5	6	7	8	9	10
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NOT AT ALL

ALWAYS / STRONG

6. I'm comfortable using gestures on stage.

1	2	3	4	5	6	7	8	9	10
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NOT AT ALL

ALWAYS / STRONG

7. I write a clear purpose statement before preparing my talk.

1	2	3	4	5	6	7	8	9	10
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NOT AT ALL

ALWAYS / STRONG

8. I understand the process of writing a speech.

1	2	3	4	5	6	7	8	9	10
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NOT AT ALL

ALWAYS / STRONG

Scoring key:

Score range 1 - 10. For eg: If you choose 1, score =1, if you choose 5, score = 5.

Total score = Sum of all 8 questions. Final score = (Total score ÷ 2)

Min score = 4. Max score = 40.



PART B

THE SPEAKER'S COMPASS

Quick yes-or-no checks that reveal whether you're steering your practice in the right direction.

9. I rehearse my content, stage movements, gestures, and timing.

Yes

☐

No

☐

10. I arrive early to check the room, sound, and slides.

Yes

☐

No

☐

11. I use a colour coding methodology to mark my pauses.

Yes

☐

No

☐

12. I ask at least one feedback before delivering my talk.

Yes

☐

No

☐

13. I seek feedback from people after my talk.

Yes

☐

No

☐

Scoring key:

Yes = 2, No = 0 (2 marks × 5 qns).

Min score = 0 Max score = 10



PART C

THE SPEAKER'S ASSESSMENT

Evaluate your learning, knowledge, and understanding from the book.

14. During Q&A, someone aggressively challenges your credibility. You should

- a. Defend strongly to assert authority and argue
- b. Stay calm, acknowledge, respond briefly, and bridge back to the message
- c. Ignore them and move on so it doesn't affect your flow
- d. End Q&A early to avoid any further challenges with the person

15. An example of a clear transition between points is:

- a. Now that we have explored the problem, let us look at a simple solution.
- b. Shall we move on to the next point?
- c. That is all I have to say on this point
- d. By the way, I have another story.

16. In the chapter on listening, the right step before answering audience's question is to:

- a. Start with your favourite statistic
- b. Look down at your notes
- c. If you know the answer, immediately respond
- d. Listen, acknowledge, paraphrase if needed, then respond



PART C

THE SPEAKER'S ASSESSMENT

Evaluate your knowledge and understanding from the book.

17. The key objective of 'Nuggets of Wisdom' is:

- a. To think about using these tips someday.
- b. To put into practice the learnings from the chapter and share with your coach/mentor.
- c. To summarise the whole chapter.
- d. To enjoy the 'Wit Bits'.

18. A simple impromptu structure suggested for beginners is:

- a. Point–Reason–Example–Point (PREP)
- b. Chronology–Details–Summary
- c. Data–Method–Results
- d. Jokes–Quotes–Facts

Scoring key:

Correct answer = 5 marks × 5 qns

Min score = 0 Max score = 25

Answer key (Section C): 14b, 15a, 16d, 17b, 18a



PART D

THE SPEAKER'S DNA

Choose the best response for five real-world scenarios speakers face.

Best option = 5 points

19. Midway through your talk, you suddenly forget your next point. What should you do first?
- a. Apologise and start reading your slides word for word
 - b. Pause, take a breath, glance at your cue word/structure, and resume
 - c. Fill the silence with “um/uh” while you think
 - d. Crack a few jokes and end the talk early
20. During Q&A, someone asks something you don't know. What's the best response?
- a. Guess confidently and hope you're right
 - b. Acknowledge it, offer to follow up, and move to the next topic
 - c. Challenge the person and change the topic
 - d. Ignore the question and take another
21. At a school assembly after local floods, you want students to volunteer this weekend and feel moved to help. What's the specific purpose of your speech?
- a. Inform about the floods
 - b. Explain about the challenges faced
 - c. Inspire them to volunteer
 - d. Entertain by telling them the news



PART D

THE SPEAKER'S DNA

Choose the best response for five real-world scenarios speakers face.

Best option = 5 points

22. As you begin, you realise the audience is different from what you expected (e.g., less experienced). What now?

- a. Evaluate audience demographics by a quick show of hands & then adjust
- b. Deliver the original plan without changes
- c. Skip stories and rush the content
- d. Announce that the talk no longer fits and stop

23. You're suddenly called to speak impromptu. What's the most effective approach?

- a. Decline to speak as you are not prepared
- b. Start with your strongest statistic immediately
- c. Ask for five minutes to write a script
- d. Pause, listen, pick a simple structure and conclude clearly

Scoring key:

Correct answer = 5 marks × 5 qns

Min score = 0 Max score = 25

Answer key (Section D): 19b, 20b, 21c, 22a, 23d



PART E

THE SPEAKER'S DASHBOARD

See your overall score and understand where you currently stand as a speaker.

Section	Questions	Scoring Pattern	Score
Sec A: The Speaker's Mirror	1 – 8	Score range 1 - 10. Total score = Sum of scores of all 8 questions. Final score = (Total score ÷ 2) <i>Min score = 4 Max score = 40</i>	
Sec B: The Speaker's Compass	9 – 13	Yes = 2, No = 0 (2 marks × 5 qns). <i>Min score = 0 Max score = 10</i>	
Sec C: The Speaker's Assessment	14 – 18	Correct answer = 5 marks × 5 qns <i>Min score = 0 Max score = 25</i>	
Sec D: The Speaker's DNA	19 – 23	Correct answer = 5 marks × 5 qns <i>Min score = 0 Max score = 25</i>	



PART E

THE SPEAKER'S DASHBOARD

See your overall score and understand where you currently stand as a speaker.

Totals and interpretation:

Total score (A + B + C + D): _____ / 100

Percentage: _____ %

Interpretation:

Score Range	Interpretation
85 -100	Strong foundation and clear progress. Keep practising advanced habits.
70 - 84	Good progress. Choose one skill to sharpen next and apply it in your next two talks.
50 - 69	Developing. Focus on two skills for the next month and rehearse aloud with a timer.
Below 50	Revisit fundamentals. Practise short talks and build step by step.



PART F

THE SPEAKER'S NEXT MOVES

Benchmark with your Pre-Assessment

- Compare Section A ratings item by item; note any increase of 1+ point.
- Compare Section B habits; if something moved from 'Sometimes to Often/ Always', note what changed.
- From Sections C and D, pick one concept and one scenario to practise in your next talk.

*We hope that the assessments and the book have greatly enriched your learning.
We wish you all the best in your speaking journey.*

Happy Speaking!

Action plan